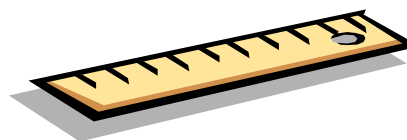


Readiness Ruler



Types of Drugs	Not Ready To Change		Unsure			Ready To Change		Trying To Change		Or: I don't use this type of drug(s)	
	1	2	3	4	5	6	7	8	9		10
Alcohol											Don't Use
Tobacco											Don't Use
Marijuana/ Cannabis											Don't Use
Tranquilizers											Don't Use
Sedatives/ Downers											Don't Use
Steroids											Don't Use
Stimulants/ Uppers											Don't Use
Cocaine											Don't Use
Hallucinogens											Don't Use
Opiates											Don't Use
Inhalants											Don't Use
											Not a Problem
											Not a Problem
											Not a Problem

Sources:

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