



THE BASICS, Second Edition

A Curriculum for Co-Occurring Psychiatric and Substance Disorders

TABLE OF CONTENTS

APPENDIX IB: DRUG CATEGORIES SECTIONS

ACUTE WITHDRAWAL SYMPTOMS OF ALCOHOL AND OTHER DRUGS

SUBJECT ONE: The Link Between Psychiatric and Substance Disorders, An Integrated Treatment Approach

PRESENT APPENDIX IB: DRUG CATEGORIES SECTIONS

TIPS TO PROFESSIONALS

THE BASICS ABOUT THE ACUTE WITHDRAWAL PROCESS	IB-1
THE BRAIN DURING THE WITHDRAWAL PROCESS	IB-1
Acute Withdrawal Process Is The Opposite of The Drug Effects	IB-2
CO-OCCURRING DISORDERS AND WITHDRAWAL	IB-2
SEVERITY OF WITHDRAWAL SYMPTOMS VARY	IB-3
Experiencing Withdrawal More Than Once	IB-3
WITHDRAWAL CAN BE SERIOUS, BUT IT <i>Is</i> MANAGEABLE	IB-3
Medical Support With Detox	IB-4
BENEFITS OF RECOVERY VERSUS DISCOMFORT OF WITHDRAWAL	IB-4
Tips to Help With Withdrawal	IB-4
Recovery Heals	IB-5
Treatment For Withdrawal	IB-6
It's Always Important to Know What to Expect	IB-6
ALCOHOL WITHDRAWAL	IB-7
ACUTE WITHDRAWAL PROCESS FROM ALCOHOL	IB-7
PHASES OF ALCOHOL WITHDRAWAL	IB-8
ACUTE SYMPTOMS OF PHASE I ALCOHOL WITHDRAWAL	IB-9
ACUTE SYMPTOMS OF PHASE II & PHASE III ALCOHOL WITHDRAWAL	IB-10
BARBITURATES, MAJOR TRANQUILIZERS, OR BENZODIAZEPINES WITHDRAWAL	IB-11
ACUTE WITHDRAWAL PROCESS FROM SEDATIVE-HYPNOTICS	IB-11
ACUTE SYMPTOMS OF SEDATIVE-HYPNOTICS WITHDRAWAL	IB-12
HEROIN, MORPHINE, OPIUM, OR CODEINE WITHDRAWAL	IB-13
ACUTE WITHDRAWAL PROCESS FROM OPIATES (NARCOTICS)	IB-14
ACUTE SYMPTOMS OF OPIATE OR NARCOTIC WITHDRAWAL	IB-15
AMPHETAMINE, METHAMPHETAMINE, COCAINE, OR CRACK COCAINE WITHDRAWAL	IB-16
ACUTE WITHDRAWAL PROCESS FROM AMPHETAMINE, METHAMPHETAMINE, COCAINE, OR CRACK COCAINE	IB-16
ACUTE SYMPTOMS OF AMPHETAMINE, METHAMPHETAMINE, COCAINE, OR CRACK COCAINE WITHDRAWAL	IB-17
NICOTINE/SMOKING WITHDRAWAL	IB-17
ACUTE SYMPTOMS OF NICOTINE WITHDRAWAL	IB-18
CAFFEINE WITHDRAWAL	IB-19
ACUTE SYMPTOMS OF CAFFEINE WITHDRAWAL	IB-19
CANNABIS SATIVA (MARIJUANA, HASHISH, OR HASH OIL) WITHDRAWAL	IB-20
ACUTE SYMPTOMS OF CANNABIS WITHDRAWAL	IB-20
LSD, PCP, PEYOTE, MESCALINE, PSILOCYBIN, MDMA (ECSTASY), OR “DESIGNER DRUGS” WITHDRAWAL	IB-21
ACUTE SYMPTOMS OF HALLUCINOGEN WITHDRAWAL	IB-22
INHALANT WITHDRAWAL	IB-22
ACUTE SYMPTOMS OF INHALANT WITHDRAWAL	IB-23
ANABOLIC STEROIDS WITHDRAWAL	IB-23
ACUTE SYMPTOMS OF ANABOLIC STEROIDS WITHDRAWAL	IB-23