



CANADIAN MENTAL  
HEALTH ASSOCIATION  
ASSOCIATION CANADIENNE  
POUR LA SANTÉ MENTALE  
PEEL BRANCH

The Concurrent Disorders Resource Network  
is pleased to present...

PSYCHOEDUCATION



CONSISTENCY



GROUPS



IMPLEMENTATION

## INTEGRATED TREATMENT FOR INDIVIDUALS WITH CO-OCCURRING DISORDERS

### TWO DAY TRAINING

Thursday, March 29th & Friday, March 30th,  
8:30 a.m. to 4:30 p.m.

Canadian Mental Health Association/Peel Branch

2 County Court Blvd. Suite #102 • Brampton, ON, L6W 3W8



**Psychoeducation** is a *fundamental component* in the integrated treatment of individuals with co-occurring psychiatric and substance use disorders. It's the only way a person can understand their disorders, develop an individual plan of treatment, and be empowered with the skills to live with their disorders, as well as protect themselves from renewed occurrences. Yet, how can a professional present evidence-based *integrated* treatment without the tools to provide it?

**Consistency** is *essential* in any profession – most especially in the treatment of chronic disorders. Consistency must include the educational content, treatment focus, and the therapeutic approach from one professional to another, from agency to agency, and from group to group. Yet, how can we connect the evidence-based *science* to the *service* delivery?

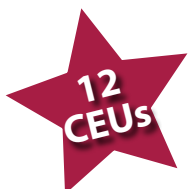
**Groups** are *crucial* in the treatment setting and their importance can't be overemphasized. Group interaction allows a person to “experience” recovery in a group of their peers. What is successfully learned, practiced, and internalized in a group setting can be transferred into the living community post-treatment. Yet, how do we provide treatment to individuals with varying diagnoses, acuity, and severity of symptoms?

**Implementation** of these principles, treatment focus, educational content, and therapeutic approach are only helpful to those seeking services when they are *implemented*.

Join us for an atmosphere of hands-on & how-tos  
of putting best practices into *practice!*

Contact: -----

Rhonda McKillip, M.Ed., LMHC, MAC, CCDCIII, CDP is a psychotherapist, international trainer and consultant, and author of *“THE BASICS, Second Edition: A Curriculum for Co-Occurring Psychiatric and Substance Disorders.”* Ms. McKillip is a Motivational Interviewing Network Trainer (MINTie) and a NAADAC, The Association for Addiction Professionals, Approved Education Provider. Ms. McKillip's goal is to assist service providers in being highly successful in the implementation of evidence-based integrated treatment approaches throughout the direct service continuum of care. For more information: [mckillipbasics.com](http://mckillipbasics.com) or Rhonda McKillip at [rmckillip@ix.netcom.com](mailto:rmckillip@ix.netcom.com) or (509) 258-7314.



Canadian Addiction Counsellors Certification Federation  
Federation Canadienne D'agrement des Conseillers en Toxicomanie

