

# MOTIVATIONAL INTERVIEWING - INTERMEDIATE SKILL DEVELOPMENT

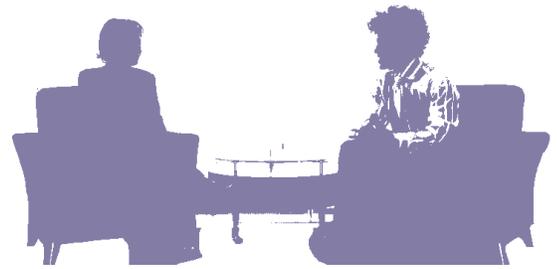
## Partnering With The Person In Treatment For Change

6.5  
CEUs

Friday, November 30  
8:30 am - 4:00 pm

**SEATTLE CENTER • 400 1st Ave N.,  
Seattle, Washington 98109, in the Shaw Room**

*Parking will be available in the First Ave Garage located on 1st Ave  
between John and Thomas streets. Parking will be \$5.00*



MI is based on the tenet that within every client/consumer resides a co-therapist who has the skills to successfully change behavior. How do we work with and not against the co-therapist? The emphasis of this training will be to build on existing skills and develop further skills in the application of Motivational Interviewing (MI) within the therapeutic setting.

MI is often a conversation about ambivalence or the internal argument of the side that wants to be rid of the problem (pro change), and a side that doesn't believe change is possible or beneficial (stay the same). When we argue for one side, the client will strengthen the side that does not want to change. We – the clinicians – have the capacity to drive client resistance up and down within the same session, simply by switching between a directive-confrontive and listening-supportive style. This training is designed for professionals who say, "I want more..."

**Counselors • Social Workers • Psychologists • Case Managers • Addiction Counselors  
Therapists • Other Mental Health Professionals**

*Limited  
Seating*

**Registration Contact: Kelly Smith**

**Cost: \$65.00**  
*(WFF Grantees can  
request 2 free spots)*



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Rhonda McKillip, MEd, LMHC, MAC, CCDC III, CDP is a Psychotherapist in private practice in Spokane, Washington. She is a National Presenter and author of *THE BASICS, Second Edition: A Curriculum for Co-Occurring Psychiatric and Substance Disorders*, Foreword by Kenneth Minkoff, MD. Ms. McKillip is a Motivational Interviewing Network Trainer (MINT), NAADAC Approved Education Provider, and instructor for The Washington Institute for Mental Illness Research & Training (WIMIRT). Ms. McKillip provides program development, consultation, and individual or group training on Dual Diagnosis and Motivational Interviewing in the agency setting.