



# THE BASICS, Second Edition

A Curriculum for Co-Occurring Psychiatric and Substance Disorders

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### **HANDOUT SECTION FOR SUBJECT SIX**

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- #1: Controlling Cravings Before They Control You (Worksheet, page 1 & 2)
- #2: Autobiography in Five Short Chapters (Inspirational)
- #3: Lessons From Geese (Inspirational)
- #4: I’ve Learned (Inspirational, page 1 & 2)

### **BIBLIOGRAPHY SECTION FOR SUBJECT SIX**

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