

# BEST PRACTICES

## THE TREATMENT OF INDIVIDUALS WITH CO-OCCURRING PSYCHIATRIC AND SUBSTANCE DISORDERS

**Presented By:**  
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**Person**  
with Co-Occurring  
Psychiatric and Substance Disorders

**Relationship**  
Empathic, Hopeful (Minkoff & Cline)  
Optimistic, Consistent, Nonjudgmental, Positive Attitude (Daley)

**Approach**  
Principles of the Treatment of Persons with Co-Occurring  
Psychiatric and Substance Disorders: Empathic, Hopeful, Integrated,  
Continuing, Adequately Supported, Adequately Rewarded, Strength Based, Stage  
Matched, Community Based Learning (Minkoff & Cline); Motivational Interviewing (Miller & Rollinick)

**Clinical Practice Content**  
Evidence, Research, and Consensus Based best practices gathered from rural,  
city, state, and national professionals and organizations specializing in Mental Health,  
Chemical Dependency, and Co-Occurring Psychiatric and Substance Disorders; TIP 42; SAMHSA EBT  
(Evidence Based Practice) Tool – IDDT (Integrated Dual Disorder Treatment) (SAMHSA, 2001); Service Planning Guidelines (Minkoff, 2001)

**Program Design and Guidelines**  
Systems implementation of the treatment of ICOPSD (Integrated Treatment of Individuals with Co-Occurring Psychiatric and Substance  
Disorders) recognized as best practice by SAMHSA (Substance Abuse and Mental Health Services Administration); Stages of Change Model  
(Prochaska & DiClemente); Universal DCC (Dual Diagnosis Capabilities; Minkoff & Cline, 2004, 2005); ASAM (American Society of Addiction Medicine) PPC-2R  
(Patient Placement Criteria, 2nd Edition - Revised), 2001; TIP (Treatment Improvement Protocol) 42 (Substance Abuse Treatment for Persons with Co-Occurring Disorders), 2005

**System**  
CCISC (Comprehensive Continuous Integrated System of Care) Model (Minkoff & Cline, 2004, 2005); Co-Occurring Psychiatric and  
Substance Disorders in Managed Care Systems: Standards of Care, Practice Guidelines, Workforce Competencies, and  
Training Curricula, Panel of National Experts on Dual Diagnoses, 1998; COCE (SAMHSA Co-Occurring Center for Excellence) Systems  
Integration, Overview Paper 7, 2006; Four Quadrant Model (Ries, 1993); Universal Dual Diagnosis Capabilities (Minkoff & Cline, 2004, 2005)