



# THE BASICS, Second Edition

A Curriculum for Co-Occurring Psychiatric and Substance Disorders

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#### HANDOUT SECTION FOR SUBJECT SEVEN

- #1: *Personal Circle of Recovery (Worksheet)*
- #2: Balance Is Key To Recovery: *Personal Recovery Involvement Checklist (Worksheet)*
- #3: Information on Alcoholics Anonymous (Inspirational)
- #4: Twelve Steps Downward (Inspirational)
- #5: Trouble Tree (Inspirational)
- #6: Don't Quit (Inspirational)
- #7: Things I Have Learned (Inspirational)

#### BIBLIOGRAPHY SECTION FOR SUBJECT SEVEN